**Muskoka Fall Classic Emergency Action Plan**

DIAL 9-1-1 FOR ALL EMERGENCIES

**EVENT VENUE**

450 Brock Street, Gravenhurst Ontario P1P 1H4

**IN THE CASE OF AN EMERGENCY CALL 911 IMMEDIATELY**

AFTER dialing 911 and within a reasonable timeframe, please contact representatives of the Muskoka Fall Classic on this list. Should the individual not answer the phone, please proceed down the list to the next contact until you make voice contact with someone.

Regatta Chair Jeremy Rand 705-394-5667

Regatta Co-Chair Beth Houston 289-221-4046

Safety Officer Amy Taylor 705-644-9004

Volunteer Organizer Tena Jackson 705-238-7595

Timing Coordinator Ljuba Tisma 647-537-5812

**AVAILABLE SAFETY EQUIPMENT AT THE WATERFRONT BUILDING:**

* Emergency Phone
* First Aid Kit
* Defibrillator
* FIre Extinguisher

**SAFETY BOAT SAFETY ITEMS**

Safety boats **must** carry at all times:

* Life jackets for all members of the crew(s)
* Paddle
* Tow line
* Sound signaling device (whistle)
* Communication Device(s)

**POTENTIAL WATER HAZARDS**

Rowers and Boat Drivers should always be alert for:

* rocky shore lines or natural rock formations
* bridge abutments and docks
* changing weather conditions
* boat traffic
* swimmers

**EMERGENCY EVACUATION PLANS**

**FLIPPED BOAT**

**Athletes**

* Stay with the boat, use it as a flotation device
* Make a lot of noise so that you get attention from everyone to come help
* Do not concern yourself with equipment (including shell and oars) until you are sure all other athletes are safe
* Your first priority should be getting to safety. Equipment will be dealt with after athletes.

**Umpire Boat/Safety Boat Driver:**

* If you are an Umpire boat driver, follow the directions of the Umpire.
* Call out the emergency through the radios and indicate if you are responding to the emergency.
* Identify Zone, number of athletes in danger and brief details of the incident.
* Upon arrival, turn off the engine, gather as many athletes as possible into the boat and take them to shore/dock or nearest dry land.
* People take precedence over equipment, but ensure a second boat has arrived before you leave the scene to assist with rescue or to deal with equipment.
* Taking athletes to finish line dock or, private dock or shore is an option if others in the water are in danger; otherwise take athletes to the finish dock
* If hypothermia is a concern, once on land, athletes should remove wet clothing and replace with dry warm clothes.
* Parents or emergency contacts should be called so that athletes are looked after
* Do not concern yourself with the shell and oars until all athletes are safely looked after

**Getting Athletes In The Umpire/Safety Boat**

* MOTOR MUST BE OFF
* If athlete is strong enough to climb in on their own they can do so from the side at the stern as it is lowest in the water.
* You should be on the opposite of the boat to counterbalance the weight distribution
* If athlete needs assistance then the bow is a smart place to do this as the weight of the motor will help to counterbalance the weight distribution
* When you have a passenger with you have them help athletes out of the water and use yourself to balance weight in the boat to keep you from tipping over

**LIGHTNING STORM**

In the case of a lightning storm, the call will be made by the Chief Umpire to evacuate the water. Upon deciding that there needs to be a mass evacuation of the water, communication will be spread out across the safety boat operators and Umpires, through the use of Satellite Radios.

Athletes will be instructed to evacuate the water to the nearest gathering points (910 Pinedale Road or Hewitt Street Landing). Gathering points will be marked with signage and are indicated on the safety map.

During a mass evacuationof the water, everyone on land should gather at the pavilion until instructed otherwise by your coach and/or the charge person. This is to ensure we have a record that everyone at the regatta is accounted for.

**NON EMERGENCY MEDICAL CARE**

No matter how insignificant the injury may seem, driving someone off-site (i.e. to a hospital or medical clinic) carries GREAT MEDICAL RISK to the injured and GREAT LEGAL RISK to the driver. Call an ambulance or have an immediate family member/legal guardian drive instead.

The closest urgent care centre is

South Muskoka Memorial Hospital

75 Ann Street, Bracebridge, Ontario P1L 2E4

**ROLES AND RESPONSIBILITIES**

CHARGE PERSON - Varies depending upon location of event

This is the first responder with the crew/athlete until a more qualified first aider arrives (based on level of training/certification)

* CHECKS FOR DANGER TO SELF AND OTHERS
* Assesses ABC (Airways, Breathing, Circulation) of the individual(s) and decides if advanced medical help is required
* Ensures the injured is not moved until certain that no serious injury has occurred (as deemed by a medical professional), or immobilizes the individual in case of severe condition
* Directs CALL PERSON to call 9-1-1 if required
* Performs any first aid that is required based on level of training
* Waits with the injured person until EMS arrives and the injured person is transported to a hospital; traveling with the injured person if a family member is not yet on site

CALL PERSON - Varies depending upon location of event

* Mature responsible person that is nearby with a cell phone with cell service
* Calls 9-1-1 for emergency if directed by the CHARGE PERSON
* Provides all information including facility location, nature of injury, what, if any, first aid has been provided
* Stay on the phone with 9-1-1 operator
* Stays with CHARGE PERSON and injured to update 9-1-1 operator about change in condition and until EMS has arrived
* Calls emergency contact person of the injured individual(s)
* Calls Muskoka Fall Classic personnel noted above until a person is contacted

CONTROL PERSON - Amy Taylor

* Mature responsible person that can control a crowd
* Controls the crowd including concerned athletes, parents, coaches and spectators by keeping space near the victim is clear and that EMS can access the victim
* Recruits help at the scene if needed
* Assists the CHARGE PERSON as needed

COURSE PERSON - Beth Houston

* Mature responsible person that can move quickly and efficiently
* Ensures that EMS can access the event venue as well as the victim